

BREAKING DOWN MYTHS

Allowing trans women in women's most vulnerable places makes it unsafe for women and increases likelihood for sexual assault.

Does providing trans women access to services and programs takes away resources from "real" women?

Is saying MAN ENOUGH toxic masculinity?

Not all women wear high heels.

Why are high heels part

of the event?

The stigma of a trans women's goal in seeking safety and refuge at women's shelters is to deceive and fraud others for their own benefit creates barriers and misconceptions. At Gillian's Place, we provide trauma informed care for all survivors to ensure each and every client's physical and emotional spaces are respected.

Trans women deserve our respect and care, and GP desires to offer services and spaces where ALL SURVIVORS can come without reservation, knowing that they will be welcomed, respected and provided with hope, support, and choices.

Men need to be approached as partners in solving the problem rather than as perpetrators. Walk a Mile in HER Shoes is a safe space for men to take accountability and the term "MAN ENOUGH" is a playful confrontation where men become more open to discussing how harmful the patriarchy is, and how it fosters an environment for toxic masculinity and violence. We understand the importance of men taking ownership, and to encourage each other to break down the harmful stereotypes.

We recognize that the high heel is not the traditional shoe for those we are entrusted to protect and support. Though the high heel is used as a symbol for the "Walk a Mile in HER Shoes" event, we encourage all participants to wear what they feel most comfortable in and shows their unique style!











